

*“The Difference between a
Life Lost. And a Life Saved”*

***We believe nobody should die because they
needed first aid and didn't get it.***

First aid training helps young people understand the value of life and the importance of caring for others. It builds confidence and self-esteem and also develops invaluable life skills for the future.

We offer community first aid courses, talks, and demonstrations tailored to your individual needs.

For further information, please contact:

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